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Working with communities to improve the quality of life for all in Argyll and Bute

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3 November 2016

SUPPLEMENTARY PACK

**BUTE AND COWAL COMMUNITY PLANNING GROUP, DUNOON GRAMMAR SCHOOL,
TUESDAY, 8 NOVEMBER 2016, 5:30 PM**

I enclose herewith agenda item 7. (b) (Cowal Family Pathway) which was marked as 'to follow' on the agenda.

'TO FOLLOW ITEM'

7. (b) Cowal Family Pathway (Pages 1 - 4)

Briefing note by Locality Manager

Bute and Cowal Community Planning Group

William Lynch (Chair)

Alistair McLaren (Vice-Chair)

Contact: Andrea Moir, Senior Area Committee Assistant, Tel: 01369 708662

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Argyll and Bute Community Planning Partnership

Bute and Cowal Area Community Planning Group

Tuesday 8 November



Briefing Note: Cowal Family Pathway

This briefing relates to activities which fall under SOA 4 - Children are given the best possible start in life.

The pathway is anticipated to be in place by December 2016 and operational on an ongoing basis thereafter.

Summary

Building on work initially undertaken in Kintyre, Cowal is testing, through the Early Years Collaborative, a Family Pathway which entails regularly assessing a child's needs from pre-birth to age five. This involves joint working between families and midwives, health visitors, nursery staff, primary schools and other community services. It enables early identification of, and timely responses to, the needs of children and families so that they receive the right support at the right time. The Family Pathway is effectively [Getting it right for every child in action](#) linking the Named Person to the next Named Person – Health Visitor to Teacher, depending on the age of the child.

Improvement highlights included the development, with pregnant women, of an assets based Wellbeing Indicator Tool. This enables midwives to identify early on, vulnerable pregnant women and put in place appropriate supports to help them throughout their pregnancy and after birth. This is tested and measured at different stages and the midwives learned that the most effective support could be delivered if the tool was completed at a midwifery home visit, when mum was around 16 weeks pregnant. One new mum said: ***"At first I didn't want to fill in the tool. I just thought the midwife was prying into my business. I gave it a go and found the tool really helpful. I didn't know I could get Healthy Start Vouchers and the midwife helped sort it all with me."***

Improving Joined Up Working

The improvement testing is showing that the Pathway helps ensure better joint working between the relevant professionals within areas tested and that services are becoming more person-centred and accessible to

families. Using the shared language of GIRFEC with all parents and, through an assets based approach to ensure children's needs were continuously assessed, with a target that 90 per cent of children will be achieving their developmental milestones at the start of Primary One. 2015).

This joined up approach builds the confidence of parents, helping them to better understand the key elements of children's development and learning. It is also showing that staff feel more engaged and empowered in their work with children and families. This work will be scaled up to meet the needs of another area of Argyll and Bute. They expect that there will be further evidence of children's needs being identified and responded to at the earliest opportunity as the new Family Pathway spreads across the whole CPP.

[Read about Katie's early years journey on the Argyll and Bute Family Pathway](#)

Key Points for Consideration

This work is an example of how CPPs are responding to the Children and Young People (Scotland) Act 2014 and the key principles of Getting it right for every child where agencies must work together to ensure children's wellbeing.

Recommendations

Report is provided for noting

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Katie's Journey on the Cowal Family Pathway

1

This is me when I was born. My mum met with a midwife called Jane when she was pregnant with me and she became my named person. She talked with mum about how to stay healthy and to how keep me healthy too. If my mum had any questions, Jane helped her. When I was born, Jane helped my mum to breastfeed me and told our health visitor all about me.

Stretch Aim 1 3-4 month check



2

This is me when I was 3 months old. Our health visitor came to visit us to talk with mum about how I was doing. Her name was Fiona and she was my new named person. She told mum all about how I grow and develop and about the importance of preparing for weaning. Mum said I needed lots of kisses and cuddles as well as songs and rhymes too!

Stretch Aim 3 Nursery—Primary 1



5

Now I'm 3 I go to nursery! Our health visitor Fiona told my nursery manager how I was doing. I love playing with my friends every day. My key worker called Sally talks to me about my learning and then we write about it in my personal learning plan. Mum can read about it and we do lots of activities to help me grow and develop at home. We are all learning together! When I go to school, my new named person will be my head teacher, and she will know all about me when I start Primary One!

3

When I was 12 months old, our health visitor Fiona came to visit us again. She talked with mum about all the healthy food I was eating and all the new sounds I was making as I developed my speech. They also talked about me going to the dentist and how well I was sleeping. I was a very cheeky baby!

Stretch Aim 2 27-30 month check



4

Just after I turned 2 our health visitor Fiona carried out my '27-30 month check'. This is just a wee check to see how I was doing. Sometimes kids like me need an extra wee bit of help with walking, talking or other ways we grow and develop. Mum and Fiona had a good chat about how I was doing!

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